

## Calmer Classrooms / Understanding Trauma

### **Event Overview:**

Understanding Trauma is an essential aspect of managing difficult behaviours in young people. The information contained within the Calmer Classrooms publication describes the responses that young people develop to trauma and how those behaviours present in the classroom. This material also outlines the optimum methods of managing the traumatized response to ensure the student is maintained in school. Current research is suggesting that all classrooms should be managed to be trauma friendly for all participants.

Susan Renn will be the facilitator of Calmer Classrooms.

### **Who can participate?**

Leadership, classroom teachers and Learning Support Officers from primary or secondary schools. Alternatively a whole school / college may wish to access this professional learning to be incorporated into a professional learning day or staff meeting.

### **How the program will be structured:**

The length of the presentation may be adjusted to suit the time available. Schools often wish to access this learning as part of a staff meeting and the presentation may be tailored to this. A deeper understanding would be obtained by longer periods of contact –of half day or one day presentations.

### **The program is designed to:**

Add to the repertoire of classroom teachers and leaders in managing difficult behaviour and of understanding the causes of such behaviour and the optimal soothing and calming techniques to enable the student to be retained within the school. An understanding of the neurological responses experienced by a traumatized student when they feel threatened, together with an understanding of the triggers for a particular student will assist the school in developing a specific behaviour management plan.

### **What is expected of the participants?**

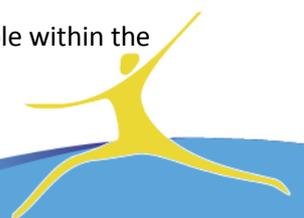
Participate with an open mind and with a willingness to understand trauma and associated difficult behaviour. Participants will be encouraged to embed new learnings in all school based relationships.

### **What is required of the Principal?**

To request such training if it is recognized that difficult behaviour is an issue for the school and for classroom teachers.

### **What you can expect from the CEOB:**

To provide the training or the materials for the training if an appropriate person is available within the school to conduct Calmer Classrooms training.



**Registration:**

Schools and Colleges interested in “Calmer Classrooms” are asked to express interest through their local Education Consultant.

Alternatively individual registration for this program will be available [online](#) and will close on November 30<sup>th</sup> 2016.

The early close off date will enable CEOB to determine the actual number of participants and the location of these participants which will support us in determining the number of programs that will be run next year and where.

Adherence to this closure date should make it possible to provide all participants with actual program dates and locations by Friday December 2<sup>nd</sup>.

**Endorsement**

Leigh Mitchell